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**NICOLAUS COPERNICUS
UNIVERSITY
IN TORUŃ**
Copernican Integration
Centre



**KOI
EDIBLE
GARDEN**



**EUROPEAN
SOLIDARITY
CORPS**

| Day | | Time | Activity |
|-------|------------------|-------------|--|
| day 0 | 13.07. SUNDAY | | Arrival - accommodation in the dormitory no. 10 |
| day 1 | 14.07. MONDAY | | Volunteers getting acquainted with Seniors (social games) |
| | | 9am-12am | Intercultural workshop - icebreaking games, integration activities with seniors |
| | | 12am | Lunch |
| | | 1pm-3pm | Welcome workshop – painting gingerbread |
| | | 3pm | Daily Reflection Cycle |
| day 2 | 15.07. TUESDAY | | A walk through the KOI Edible Garden and preparing the beds for sowing. |
| | | 9-10am | Edible Garden tour - Polish group/KOI tour - English group - getting acquainted with the garden, with the space of the volunteering activities |
| | | 10-11am | KOI tour - Polish group/Edible Garden tour - English group - getting acquainted with the garden, with the space of the volunteering activities |
| | | 11am-12pm | Communication workshop - language exchange |
| | | 12pm | Lunch |
| | | 1pm | Daily Reflection Cycle |
| | | 5.30-7.30pm | Work in the garden - watering plants, plant care, harvesting |
| day 3 | 16.07. WEDNESDAY | | Work on the garden infrastructure; repairing beds, wooden pots, etc. |
| | | 9am-12pm | Painting boards in the garden - creating new infrastructure, using different materials and techniques |



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| | | 12pm | Lunch |
| | | 1-4pm | Planning a meal together / Daily Reflection Cycle |
| day 4 | 17.07. THURSDAY | | Digital skills exchange |
| | | 9am-12pm | Event preparation workshop - we will learn how to plan the event, prepare the post for the social media, exercise in scheduling and budgeting the event |
| | | 12pm | Lunch |
| | | 1pm | Daily Reflection Cycle |
| | | 5.30-7.30pm | Work in the garden - watering plants, plant care, harvesting |
| | | 8pm | Movie night |
| day 5 | 18.07. FRIDAY | | Visit the local market. Cooking together using the purchased products |
| | | 9am | A visit to the local market for shopping |
| | | 12pm | Lunch |
| | | 1pm | Cooking together |
| | | 4pm | Daily Reflection Cycle |
| day 6 | 19.07. SATURDAY | | Toruń sightseeing tour |
| day 7 | 20.07. SUNDAY | | Day of the rest |
| day 8 | 21.07. MONDAY | | Intergenerational workshops, storytelling. |
| | | 9am-12pm | Painting bird figurines in the garden - familiarizing with the painting techniques |



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| | | 12pm | Lunch |
| | | 1-3pm | Painting bird figurines in the garden - familiarizing with the painting techniques |
| | | 3pm | Daily Reflection Cycle |
| day 9 | 22.07. TUESDAY | | Art workshop/Harvesting and preparing the garden for planting. |
| | | 9am-12pm | Macrame workshop - familiarizing with the handicraft technique, practicing manual skills |
| | | 12pm | Lunch |
| | | 1pm | Daily Reflection Cycle |
| | | 5.30-7.30pm | Work in the garden - watering plants, plant care, harvesting |
| day 10 | 23.07. WEDNESDAY | | Gardening session/language workshops. |
| | | 9am-12pm | Visiting the botanical garden in Toruń - familiarizing with the idea of this place; actions to protect rare and endangered animal species |
| | | 12pm | Lunch |
| | | 1-4pm | Language exchange - workshop |
| | | 4pm | Daily Reflection Cycle |
| day 11 | 24.07. THURSDAY | | Building a memorial site in the garden. |
| | | 9am-12pm | Painting stones in the garden - creating new decorations, using different materials and techniques, individual work and creativity |
| | | 12pm | Lunch |
| | | 1pm | Daily Reflection Cycle |



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| | | 5.30-7.30pm | Work in the garden - watering plants, plant care, harvesting |
| day 12 | 25.07. FRIDAY | | Preparations for the project farewell party |
| | | 9am-12pm | Cooking together-final meal/daily circle |
| | | 12pm | Lunch |
| | | 1pm | Daily Reflection Cycle |
| | | 6pm | Walk with Sarah – lecture on herbs |
| day 13 | 26.07. SATURDAY | | Day of the rest. |
| day 14 | 27.07. SUNDAY | | Farewell Party and celebration - handing over the certificate of volunteering ending. |
| day 15 | 28.07. MONDAY | | Departure |

*Schedule may change